

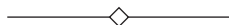


**LAY FAMILY OF ST. ANN
PRAYER BOOKLET**

TABLE OF CONTENT

1. Introduction	04
2. The Essentials of Christian Life	06
Centrality of the Eucharist, Act of Spiritual Communion and Sacrament of Reconciliation	
3. Our Spirituality	10
Most Holy Trinity, Charism, Mission, and The Icon of Merciful Love	
4. History of our Devotions	12
Divine Providence, Mercy of God, Mother Mary, St. Ann, Sacred Heart of Jesus, St. Joseph, Venerable Founders: Carlo and Giulia of Barolo and Blessed Mother Enrichetta	
5. Morning Prayers	17
6. Evening Prayer	23
Rosary Various Prayers: Memorare, Divine Providence, Sacred Heart of Jesus, St. Joseph, Vocations, St. Ann, Prayer to Our Guardian Angel and Prayer for Families	
7. The Way of the Cross	32

8. The Chaplet of Merciful Love	43
9. Prayer for the Beatification of our Founders	44
10. Prayer for the Canonization of Blessed Mother Enrichetta	45
11. Night Prayer	46
12. Hymns	49
Carlo and Giulia and In Spe	
13. LASA Logo	51
Explained	



INTRODUCTION

The **“Lay Family of St. Ann - Prayer Booklet”** is provided as one of the means to grow in your spiritual life. The life and writings of our Founders, Carlo Tancredi Falletti Di Barolo, and Giulia Falletti Di Barolo, exemplify how daily prayer, reading the Word of God, and embracing the Sacramental life provided them strength to persevere in faith amidst challenges. Their spiritual journey reflects a profound love for God in all circumstances and a steadfast hope in prayer, recognizing that nothing is impossible for God.

The Book “Called to Happiness” which is a collection of spiritual and pedagogical writings of Carlo Tancredi reveals to us that his faith -simple and strong, sincere and deep- is anchored on the Word of God. He writes: “From today I return to You, and do not wish to go away from You for even a single moment, nor to shift my spirit and my heart from the thought of You, of Your blessed love! From now on, I want to place all my glory in belonging to You, loving You, serving You, conforming myself in everything to Your Divine Will”. (CARLO TANCREDI FALLETTI DI BAROLO,

Jesus, Mary, and the Angels, in, Called to Happiness, pp. 47-48).

In the book "With the Eyes of the Heart" Giulia writes her prison Memoirs about how the Word of God strengthened her: "I was searching in the sacred books the advice of patience to help myself to bear the evils and the hope which is the promise after the trials have been borne here-below". The reading of the Psalms was touching my heart and elevating my spirit and when I was reading "I will teach transgressors Your ways and sinners will return to You", I was sighing, thinking that, that sublime destiny was not reserved for me". (GIULIA COLBERT, Prison Memoirs, in, with the eyes of the heart, p. 31) "I pray and I feel almost happy because to pray is to hope" (GIULIA COLBERT, The night, in, with the eyes of the heart, p. 252).

This prayer booklet will be useful for personal, Family, and LASA Group prayer. It is a help to grow in union with the Lord.

THE ESSENTIALS OF CHRISTIAN LIFE

CENTRALITY OF THE EUCHARIST

The Eucharist involves spiritually feeding the participants with the Body and Blood of Christ. The Eucharist is the source and summit of the Christian life (Catechism of the Catholic Church N° 1324).

- Participating in the Holy Mass at least once a week.
- Visiting the Blessed Sacrament whenever possible and thus, recognizing the presence of Jesus in the Eucharist and adoring Him.

Act of Spiritual Communion

A spiritual communion is a spiritual reception of the Holy Eucharist when we are not able to participate in the Holy Mass and receive physically the Holy Communion. It is a devotion that we practice on our own when we do not receive the Eucharist sacramentally. We pray the Act of Spiritual Communion while participating in Mass Online or even in our morning or evening prayers.

Prayer

My Jesus,

I believe that You are present
in the Most Holy Sacrament.

I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You
sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

SACRAMENT OF RECONCILIATION

Confession / Reconciliation is a sacrament instituted by Jesus Christ in His love and mercy to offer sinners forgiveness for offenses against God and against our sisters and brothers. Confession brings reconciliation between God and the penitent, between the penitent and others, and to the individual penitent.

How to make Sacrament of Confession/ Reconciliation?

- Set aside some quiet time for reflection.
- Start by praying to the Holy Spirit.

- Thank God for His blessings and graces you received and recall the sins that you have committed since your last good confession, introspecting with the following questions based on the 10 Commandments/ 7 deadly sins or any other:
- Have I ridiculed the teachings or practices of the Church?
- Have I called down evil upon anyone or anything?
- Am I disrespectful, impolite, or discourteous toward my family or the elderly?
- Did I attempt suicide or seriously consider thoughts of suicide?
- Do I act violently by fighting or hitting others?
- Have I desired or done impure things?
- Have I read impure material, listened to music with impure lyrics, or looked at impure images?
- Do I use vulgar language or tell or listen to impure jokes or stories?
- Have I bribed someone?
- Have I harbored a greed for money or worldly possessions?

- Have I criticized anyone uncharitably or make rash judgments?
- Remember that a mortal sin is committed when: 1. Full Knowledge 2. Full Consent 3. Grave
- Be sincerely sorry for your sins...
- Confess your sins to the Priest in the following way:
- Go into the confessional and say, In the Name of the Father...
- Forgive me, Father, for I have sinned.
- It has been (how long?) since my last confession and these are my sins...
- Father will give you a penance and then ask you to pray the Act of Contrition.

ACT OF CONTRITION

O my God, I am heartily sorry for
 having offended You,
 and I detest all my sins because of
 Your just punishments,
 but most of all because they offend You,
 my God,
 who are all-good and deserving of all my love.

I firmly resolve, with the help of Your grace,
to sin no more and to avoid the near occasion
of sin. Amen.

- The Priest - prayer of forgiveness (absolution).
- After Confession, do the penance assigned.

OUR SPIRITUALITY

Our Spirituality is centred on the mystery of the Trinity, which is the mystery of love for the salvation of humanity.

MOST HOLY TRINITY

We believe and adore the mystery of the Holy Trinity, and offer all the actions of the day in honour of the most Holy Mystery. The whole Trinity is present in you, and you are always in the presence of the Most Holy Trinity. Look, God is close to you: adore His majesty, love His goodness, and recommend yourself to His mercy. (Formulary of Prayer, 1839, p. 22, 154)



CHARISM

Experiencing the merciful love of God, we become Instruments of His Providence, witnesses of His mercy, and signs of hope to the little ones and the poor.

MISSION

Rule of Life: Our Constitutions. Art No. 31: Through our specific mission we are called to be “Instruments of Divine Providence”. We have impressed in our minds and hearts that we are destined to glorify God through our educative service to the little ones and the poor. With an attitude of mercy, we meet them wherever they are in order to prevent and take care of their physical and spiritual poverty. We relieve their unhappiness so as to make the image of the Son of God shine in each one.

THE ICON OF MERCIFUL LOVE

Our Founders contemplated the mystery of the Trinity, which revealed itself in the work of salvation: **“For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal**

life” (Jn. 3:16). They have enkindled in us, this **WORD**, so that we (humanity, loved by the Father, redeemed by the Son, consecrated by the Spirit) become a beautiful memory of God.



Our Charism depicted
in the Icon of merciful love

HISTORY OF OUR DEVOTIONS

DEVOTION TO DIVINE PROVIDENCE

Enlightened by the Spirit, Carlo Tancredi and Giulia, founded the Congregation of the Sisters of St. Ann in the Church on December 10, 1834. They wanted the Sisters to be “Instruments of Providence” for the little ones and the poor. The Congregation lives under the care of Divine Providence which is the heart of its identity.

“Abandon every earthly love, every preoccupation for the health of your talent, and every other earthly care. Place all your trust in God, and in God alone: throw yourself entirely in the hands of Divine Providence for the spiritual and for the temporal needs, for life and for death; for the present and for eternity. Amen”. (Formulary of Prayer. 1839, p. 134)

The Prayer to Divine Providence will help us to abandon ourselves to God and entrust our cares and worries to Him. In our charitable works as LASA, we trust in God's Providence and become His Instruments.

DEVOTION TO THE MERCY OF GOD

The Devotion to the Mercy of God had been willed and propagated by our dear Foundress, Giulia of Barolo. Seeing that "many evident benefits were gained by this practice", the Marchioness wished that it be spread also in the Churches for the public. With this aim she asked and got Pontifical approval (March 16, 1846) and granting of indulgences for this devotion, first on a temporary basis and later perpetually.

Mercy is the greatest expression of the Providence itself of God, who takes cares of His children with infinite love. Six days that precede the Feast of Divine Providence, which in our Congregation is celebrated on October 26, the Birthday of Carlo Tancredi di Barolo, the chaplet of Merciful Love is prayed with great devotion. Besides these six days fixed, each one can pray it even daily, and can invite others to do it, above all in particular

situations or to obtain certain graces and indulgences, knowing that the Love of God is the fount of every perfect gift.

DEVOTION TO MOTHER MARY

We are called to grow in the love and devotion that our Founder had, for Mary Our Mother. He writes: "Yes! The veneration most worthy of Mary is undoubtedly to meditate on her life, to learn to follow her with humility, with love for solitude and silence, in the spirit of prayer, in tender solicitude for the unfortunate! We can hope to obtain everything through her powerful intercession, provided we merit this by our repentance.

With respectful fervour, let us recite the Angelus, that heavenly formula that, for the last eighteen centuries, has brought glory to Nazareth and happiness to the Christian world, that sublime prayer that contains the homage due to Mary, faith in her virginal maternity, the suppliant desire for her protection in life and death. What more can I say? Let us not mind what others say, and let us not fear being seen fingering the rosary, those blessed beads that represent the most frequent

prayer and the most precious wisdom of the humble person.

Let us venerate every picture of Mary! May she be for us an almost visible lesson of humility, obedience, and love of God. May she be the star, the model, the guiding light that shows us the way to salvation and to eternal happiness". (CARLO TANCREDI FALLETTI DI BAROLO, Jesus, Mary, and the Angels, in, Called to Happiness, pp. 63-64).

DEVOTION TO ST. ANN

Our Founders entrusted the Congregation to the protection of St. Ann, a model of a mother and educator. We cultivate a filial devotion to her, the mother of Blessed Virgin Mary.

"I ask the Most Blessed Virgin and glorious St. Ann, your Patroness, to be mothers to you always... I shall implore for you most abundant blessings on your Institute and on each one of you in particular". (GIULIA DI BAROLO, Letter to the Sisters of St. Ann of Providence, Turin, 15.12. 1857).

DEVOTION TO SACRED HEART OF JESUS

Giulia had great devotion to the Sacred Heart of Jesus; she often ended her letters thus: "I pray to the Lord to place you together with me, within His Sacred Heart".

DEVOTION TO ST. JOSEPH

We venerate St. Joseph who assists us by his powerful intercession and entrust ourselves and our families to his protection.

VENERABLE FOUNDERS CARLO AND GIULIA

Carlo Tancredi Falletti and Giulia Colbert were a happy couple in the early nineteenth century. He was born in Turin, Italy on October 26, 1782, and from a young age was distinguished for intelligence, disposition to justice, attention to the needs of the times, and had a strong tendency to promote and operate every good. She was born in the castle of Maulévrier, in the Vendee, France on June 26, 1786, a woman endowed with exquisite femininity and genuine spirituality. Both inherited from their families not only the name, heritage, and wealth, but above all a profound religiosity.

In 1834, Carlo Tancredi and Giulia founded the Institute of the "Sisters of St. Ann" so, that they

continue the mission of the Church according to the signs of the time. During the cholera, which struck the city of Turin in 1835, the Marquis and Marchioness of Barolo dedicated themselves to rescuing the victims, later having repercussions on their health. He was titled Venerable on December 21, 2018, after Pope Francis acknowledged that Falletti had lived a life of heroic virtue; his wife had been named as such back in mid-2015.

BLESSED MOTHER ENRICHETTA

Mother Enrichetta Dominici, after the death of our Foundress, as Superior General for 33 years, interpreted faithfully the Charism transmitted to us by Carlo and Giulia. She consolidated and renewed the religious spirit, expanded its works, and gave great impetus to the missionary nature of the Congregation. Mother Enrichetta Dominici was beatified by Pope Paul VI, on May 7, 1978. We implore her powerful intercession to receive graces and favours from the Triune God.

MORNING PRAYER

I ADORE YOU

I Adore You my God, and I love You with all my heart. I thank You for having created me,

redeemed me, and made me a Christian, and for having preserved me during the past night. I offer You the actions of this day and pray that they be done according to Your Holy Will and for Your greater glory. Preserve me from sin and every evil. May Your grace be always with me and with all my dear ones. Amen.

ANGELUS

V. The Angel of the Lord declared to Mary.

R. And she conceived by the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord.

R. Be it done to me according to Your word.

Hail Mary...

V. And the Word was made flesh.

R. And dwelt among us

Hail Mary...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us Pray: Pour forth, we beseech You, O Lord, Your grace into our hearts, that we to whom the incarnation of Christ Your Son was made known by the message of an angel, may by His passion

and cross be brought to the glory of His Resurrection, through the same Christ, our Lord. Amen.

Glory be to the Father....

QUEEN OF HEAVEN (During Paschal Time)

Queen of heaven, Rejoice, Alleluia.

For He Whom you were made worthy to bear, Alleluia.

Has risen as He said, Alleluia.

Pray for us to God, Alleluia.

Rejoice and be glad, O Virgin Mary, Alleluia,

For the Lord has risen indeed, Alleluia.

Let us Pray: O God, who through the resurrection of Your Son, our Lord Jesus Christ, was pleased to give joy to the whole world, grant that through the intercession of the Blessed Virgin Mary, His Mother, we may obtain the joys of everlasting life, through Christ our Lord. Amen.

HYMN TO THE MOST HOLY TRINITY

Sing praises to the living God, glory, Alleluia.

Come, adore the living God, glory, Alleluia.

Though sun and moon may pass away

His Word will ever stay.

His power is for evermore, glory, Alleluia.

Chorus:

Glory to the Trinity, the undivided Unity,
the Father, Son, and Spirit One,
from Whom all life and goodness come.

To the living God, we sing, glory, Alleluia.
Let our love and praises ring, glory, Alleluia.
To all His sons He always
Gives His mercy and His love.
So praise Him now for evermore, glory, Alleluia.

To the God Who cannot die, glory, Alleluia.
To the living God, we cry, glory, Alleluia.
He promised to be with us
and He lives in ev'ry one.
We love Him now for evermore, glory, Alleluia.

Pray any Psalm given below or
choose any other from the Bible
for the morning or evening prayer

Psalm 62: Song of Trust in God Alone

- 1 For God alone my soul waits in silence; from Him comes my salvation.
- 2 He alone is my rock and my salvation, my fortress; I shall never be shaken.

- 3 How long will you assail a person, will you
batter your victim, all of you, as you would a
leaning wall, a tottering fence?
- 4 Their only plan is to bring down a person of
prominence. They take pleasure in falsehood;
they bless with their mouths, but inwardly
they curse.
- 5 For God alone my soul waits in silence, for my
hope is from Him.
- 6 He alone is my rock and my salvation, my
fortress; I shall not be shaken.
- 7 On God rests my deliverance and my honour;
my mighty rock, my refuge is in God.
- 8 Trust in Him at all times, O people; pour out
your heart before Him; God is a refuge for us.
- 9 Those of low estate are but a breath; those of
high estate are a delusion; in the balances
they go up; they are together lighter than a
breath.
- 10 Put no confidence in extortion, and set no
vain hopes on robbery; if riches increase, do
not set your heart on them.
- 11 Once God has spoken; twice have I heard this:
that power belongs to God,
- 12 and steadfast love belongs to You, O Lord. For
You repay to all according to their work.

Psalm 23: The Divine Shepherd

- 1 The Lord is my shepherd; I shall not want.
- 2 He makes me lie down in green pastures;
He leads me beside still waters;
- 3 He restores my soul. He leads me on the
right path for His name's sake.
- 4 Even though I walk through the darkest
valley, I fear no evil, for You are with me;
Your rod and Your staff, they comfort me.
- 5 You prepare a table before me
in the presence of my enemies; You anoint
my head with oil; my cup overflows.
- 6 Surely goodness and mercy shall follow me
all the days of my life, and I shall dwell
in the house of the Lord my whole life long.

Psalm 121: Assurance of God's Protection

- 1 I lift up my eyes to the hills -
from where will my help come?
- 2 My help comes from the Lord,
who made heaven and earth.
- 3 He will not let your foot be moved;
He who keeps you will not slumber.
- 4 He who keeps Israel
will neither slumber nor sleep.
- 5 The Lord is your keeper;
the Lord is your shade at your right hand.

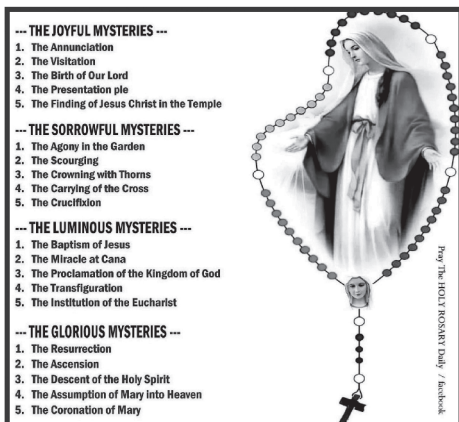
- 6 The sun shall not strike you by day
nor the moon by night.
- 7 The Lord will keep you from all evil;
He will keep your life.
- 8 The Lord will keep
your going out and your coming in
from this time on and forevermore.

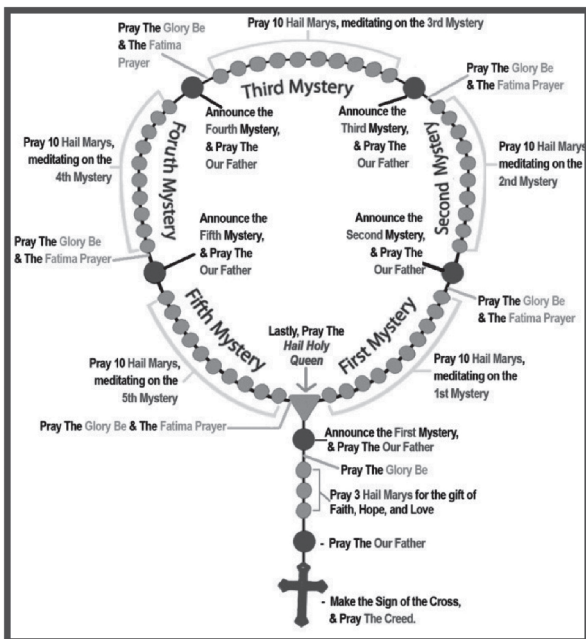
Scripture Reading, Reflection, and silent prayer

A life built on God's Word is a life that will
stand through every season

EVENING PRAYER

The Rosary of the Blessed Virgin Mary





Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, our eyes of mercy toward us, and after this exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

THE LITANY OF LORETO

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God, the Father of heaven, Have mercy on us.

God the Son, Redeemer of the world,

Have mercy on us.

God the Holy Spirit, Have mercy on us.

Holy Trinity, one God, Have mercy on us.

Holy Mary, Pray for us.

Holy Mother of God, Pray for us.

Holy Virgin of virgins, Pray for us.

Mother of Christ, Pray for us.

Mother of the Church, Pray for us.

Mother of Mercy, Pray for us.

Mother of Divine Grace, Pray for us.

Mother of Hope, Pray for us.

Mother most pure, Pray for us.

Mother most chaste, Pray for us.

Mother inviolate, Pray for us.

Mother undefiled, Pray for us.

Mother most amiable, Pray for us.

Mother admirable, Pray for us.

Mother of good counsel, Pray for us.

Mother of our Creator, Pray for us.

Mother of our Savior, Pray for us.

Virgin most prudent, Pray for us.
Virgin most venerable, Pray for us
Virgin most renowned, Pray for us.
Virgin most powerful, Pray for us.
Virgin most merciful, Pray for us.
Virgin most faithful, Pray for us.
Mirror of justice, Pray for us.
Seat of wisdom, Pray for us.
Cause of our joy, Pray for us.
Spiritual vessel, Pray for us.
Vessel of Honour, Pray for us
Singular vessel of devotion, Pray for us.
Mystical rose, Pray for us.
Tower of David, Pray for us.
Tower of ivory, Pray for us.
House of gold, Pray for us.
Ark of the covenant, Pray for us.
Gate of heaven, Pray for us.
Morning star, Pray for us.
Health of the sick, Pray for us.
Refuge of sinners, Pray for us.
Solace of migrants, Pray for us.
Comfort of the afflicted, Pray for us.
Help of Christians, Pray for us.
Queen of Angels, Pray for us.
Queen of Patriarchs, Pray for us.
Queen of Prophets, Pray for us.
Queen of Apostles, Pray for us.

Queen of Martyrs, Pray for us.
Queen of Confessors, Pray for us.
Queen of Virgins, Pray for us.
Queen of all Saints, Pray for us.
Queen conceived without original sin, Pray for us.
Queen assumed into Heaven, Pray for us.
Queen of the most Holy Rosary, Pray for us.
Queen of families, Pray for us.
Queen of peace. Pray for us.

V. Lamb of God, who takes away the sins of the world

R. Spare us, O Lord.

V. Lamb of God, who takes away the sins of the world

R. Graciously hear us, O Lord.

V. Lamb of God, who takes away the sins of the world

R. Have mercy on us.

V. Queen of the Rosary, Pray for us.

R. That we may be made worthy of the promises of Christ.

Let us Pray: O God whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech You, that meditating upon the mysteries in the rosary of the Virgin Mary, we may both

imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother; to thee do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

PRAYER TO DIVINE PROVIDENCE

We bless You and praise You, O Lord, for Your Divine Providence. And for all things, we put ourselves entirely in Your hands. O Lord God, who in Your eternally loving Providence, does not disdain to watch over us however we may be, grant us the grace of unfailing trust in Your Divine Providence through all the changing circumstances of our earthly life. May we hereby attain the everlasting, incomparable joys and blessings of heaven, through Christ our Lord, Amen!.

Providence can provide; Providence did provide; Providence will provide, O Merciful and Provident God hear our prayers and grant our petitions (3 times)

PRAYER TO SACRED HEART OF JESUS

O Most Sacred Heart of Jesus, fountain of every blessing, pour down Your blessings abundantly upon the Supreme Pontiff, and upon all the clergy, religious, and all who dedicate themselves to the spread of Your kingdom; give perseverance to the just, convert sinners, enlighten unbelievers, help the dying, free the souls from purgatory and extend over all hearts the sweet empire of Your love. Sweet Heart of Jesus, we entrust our families to Your care. Bless all our loved ones, guide the youth, support the elderly; protect the children, and keep us all united and loving in all circumstances. Bless our LASA family. Sacred Heart of Jesus, be the King of our homes. May You be glorified today and forever. Amen.

PRAYER TO ST. JOSEPH

Remember, O most amiable, most benevolent, most kind, and most merciful Father St. Joseph, that never was it known that anyone had recourse

to your protection without obtaining relief. Animated with the same confidence, O dear St. Joseph, I come to you, burdened with my many sins; I prostrate myself at your feet, O most compassionate Father, do not I beseech you, reject my poor and miserable prayers but graciously hear and answer my petition. Amen!

Jesus, Mary, and Joseph,
I give you my heart and my soul.

Jesus, Mary, and Joseph
assist me in my last agony.

Jesus, Mary, and Joseph,
may I die in peace in your blessed company.

PRAYER FOR VOCATIONS

God our Father, in baptism You called me by name and made me Your people, the Church. I praise You for Your goodness. I thank You for Your gifts. Father, bless Your Church with love. Raise up dedicated and generous leaders from our families and from our friends, who will serve as Sisters, Priests, Brothers, and Deacons. Send Your spirit to guide and strengthen me that I may serve Your people following the example of Your Son Jesus Christ, in whose name I offer this prayer. Amen

PRAYER TO ST. ANN

O most blessed of mothers, glorious St. Ann, privileged in having the mother of God as your humble and obedient daughter, I praise you for the graces which the Most High gave you in such abundance. I unite myself to Mary, Most Holy, ever virgin, in honouring and loving you, while entrusting myself to your protection. To Jesus, Mary, and You, I consecrate my whole life as a humble tribute of my devotion. Amen!

PRAYER TO OUR GUARDIAN ANGEL

O Angel of God, whom God has appointed to be my guardian, enlighten, defend, direct, and govern me. Amen.

PRAYER FOR FAMILIES

O Most Merciful and Provident God, Father, Son and Holy Spirit, You have given us the model of life in the Holy Family of Nazareth. Help us to make our family another Nazareth where love, peace and joy reign. Help us to stay together in joy and sorrow in family prayer. Teach us to see You in the members of our families, especially in their distressing disguise. May we love one another as You love us, and forgive each other's faults as You forgive our sins. Amen

THE WAY OF THE CROSS

The Way of the Cross is an ancient practice of piety that consists in following our Divine Saviour in spirit, through meditation and prayer, on the painful journey that He made, going to Calvary, carrying the Cross. It includes 14 Stations, from His condemnation to His burial. It reminds us that we are not alone in our struggles. Jesus chose to embrace every aspect of human life, including suffering and death. The following mediations of the Way of Cross, which are traditionally attributed to the Marchioness Giulia di Barolo were published in 1832 and handed down by our Elderly Sisters. We are invited to reflect and pray at each Station. This prayer is a reliving of the true pilgrimage to Calvary, in order to gain the indulgences that are attached to it.

THE WAY OF THE CROSS

Sign of the Cross: In the name of the Father...

Opening Prayer

My God, I offer You this prayer of the Way of the Cross for the intentions of the Holy Father the Pope, in union with the cruel sufferings of Jesus Christ, for the spreading of the Faith, for

eradicating the heresies, for the needs of Holy Mother the Church, for peace among Rulers, for the remission of my sins and my conversion. I ask You also for the grace to receive the Indulgences.

At the Cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.

First Station:
Jesus is condemned to death

- We adore You, O Christ and we bless You!
- Because by Your Holy Cross, You have redeemed the world!

Pilate is seated in the court like a judge and the Son of God is at his feet like a criminal. A mortal, a sinner on the throne! While Innocence itself, the Holy of Holies, God is at his feet. What a contradiction! O sin, here is your work.

Our Father, Hail Mary, Glory be...

Have mercy on us, O Lord.

Have mercy on us.

Through her heart, His sorrow sharing,
All His bitter anguish bearing,
Now at length the sword had pass'd.

Second Station:
Jesus is made to carry the Cross

We adore You, O Christ, and we bless You!
Because...

The Cross is heavy with all the iniquities of the world and with all mine. Jesus, torn, worn out, receives it with holy joy for my salvation, and I? If it depended on me, I would not want to suffer at all. O My Jesus, would You forgive me?

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Oh, how sad and sore distress'd
Was that Mother highly blest
Of the sole-begotten One!

Third Station:
Jesus falls under the weight of the Cross

We adore You, O Christ, and we bless You!
Because...

What a triumph for the enemies of Jesus! What an outrage seeing Him fall! And how many times I've dishonoured piety, the wicked rejoice at my falls and my scandals! Strengthen my steps, O my Jesus, in the way of Your commandments.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Christ above in torment hangs;
She beneath beholds the pangs
Of her dying glorious Son.

Fourth Station:
Jesus meets His Most Holy Mother

We adore You, O Christ, and we bless You! Because...
What martyrdom when their eyes met. The Son
and the Mother have offered such a sacrifice
painful for me, and would I not know how to love
the Sacred Hearts of Jesus and Mary? O my God,
deign to change my heart.
Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Is there one who would not weep,
Whelm'd in miseries so deep
Christ's dear Mother to behold?

Fifth Station:
**Simon of Cyrene helps Jesus
to carry the Cross**

We adore You, O Christ, and we bless You!
Because...

If the Holy Father had to send me a relic of the True Cross, I'd be happy and proud of this gift. When an affliction comes my way, it is Jesus Himself who gives me a small part of His cross, how many times I have refused it or carried it murmuring! O Lord, let not this evil happen to me again in the future.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Can the human heart refrain
From partaking in her pain,
In that Mother's pain untold?

Sixth Station:
Veronica wipes the most adorable
Face of Jesus

We adore You, O Christ, and we bless You!
Because...

What courage on the part of this holy woman!
How she tramples human respect! But what a
reward for her faith! The features of our Divine
Saviour remain imprinted on her veil with which
she wiped it. Contemplate this image, O my soul,
and ask God to imprint it in my heart.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Bruis'd, derived, curs'd, defil'd,
She beheld her tender child:
All with bloody scourges rent.

Seventh Station:
Jesus falls for the second time

We adore You, O Christ, and we bless You.
Because...
For this new fall, new outrages, new insults. Ah! I
see You, my Jesus, You are insatiable for
humiliations and dishonour in trying to heal my
pride. Come to my aid, I implore You, because
Your example is not enough for me.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

For the sins of His own nation,
Saw Him hang in desolation,
Till His spirit forth He sent.

Eighth Station:
Jesus consoles the women of Jerusalem

We adore You, O Christ, and we bless You! Because...
Do not weep for me, You say, O my Jesus: sin is the worst of all evils! But I commit it so easily, I confess it so coldly, I fall back so quickly! O my God, enlighten me and convert me.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

O thou Mother! Fount of Love!
Touch my spirit from above;
Make my heart with thine accord.

Ninth Station:
Jesus falls for the third time

We adore You, O Christ, and we bless You!
Because...

Why so many falls, O my Jesus, since You are the strength of God? My son, did you not fall three times? I fall to teach you and to help you get up from your falls with sorrow for your sins, but without discouragement, and always with trust in the Father.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Make me feel as thou hast felt;
Make my soul to glow and melt
With the love of Christ our Lord.

Tenth Station:
Jesus is stripped of His garments

We adore You, O Christ, and we bless You!
Because...

What were You thinking of, O my Jesus, when they were pulling off Your clothes, tearing Your flesh? My son, I offered everything to my Father, for I knew that one day you would have suffered a lot to detach yourself from your project, from that occasion of sin, from that habit which tyrannizes you: your strength lies in my suffering. It is there, Lord, where I ask You that I know to draw from.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Holy Mother! Pierce me through;
In my heart each wound renew
Of my Saviour crucified.

Eleventh Station: Jesus is nailed to the Cross

We adore You, O Christ, and we bless You!
Because...

Do you hear, my soul, the blows of the hammer?
Put your hand in the place of that of Jesus: this
idea makes you tremble with fear, yet the guilty
one is you. Unfortunate one, can you still sin so
easily? Keep me from that, my Saviour, I implore
you.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

By the cross with thee to stay,
There with thee to weep and pray,
Is all I ask of thee to give.

Twelfth Station: Jesus dies on the Cross

We adore You, O Christ, and we bless You!
Because...

He has His feet tied to wait for me, His arms
outstretched to welcome me, His head bent down
to listen to my prayers. His heart open so that I

may hide myself there. O Jesus, when will I love you as you have loved me?

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Wounded with His every wound,
Steep my soul till it hath swoon'd
In His very blood away.

Thirteenth Station:
Jesus is taken down from the Cross

We adore You, O Christ, and we bless You!
Because...

O Mary, Mother of Sorrows, can you permit me to draw closer? Come, my child, contemplate the pale and disfigured face of Jesus, His dull eyes, closed mouth, pierced hands and feet, His open side. Count, if you can, the wounds of His body. Behold the justice of God! behold the enormity of sin! behold the love of Jesus!

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

While my body here decays,
May my soul Thy goodness praise,
Safe in Paradise with Thee. Amen.

Fourteenth Station:
Jesus is laid in the tomb

We adore You, O Christ, and we bless You!
Because...

My soul becomes the tomb of Jesus in holy communion. Make it, O my God, a new tomb, cleansing it from its filth, a tomb cut out in the rock of my firm decision to serve You, a glorious tomb, not permitting that I have the misfortune to sin and deserve eternal death.

Our Father, Hail Mary, Glory be...
Have mercy on us, O Lord.
Have mercy on us.

Five Our Father, Hail Mary, Glory be in honour of the five wounds of the Saviour.
One Our Father, Hail Mary, Glory be for the intentions of the Holy Father, and
a Hail Mary for the person who wrote this prayer.



“Those who belong to Christ Jesus have crucified the flesh with its passions and desires”.
Gal. 5: 24

THE CHAPLET OF MERCIFUL LOVE

In the Name of the Father...

Our Father...

Hail Mary ...

Glory be...

I believe in God....

Leader : God so loved the world, that He gave
His only Son

All : That whoever believes in Him should
not be lost, but have eternal life.

3 decades

Leader : O Mercy of God! We call on You

All : not only for ourselves, but for all human creatures! (10 Times)

Glory be...

3 decades

Leader : O Mercy of God! May You be eternally thanked

All : for the benefits granted to all human creatures! (10 Times)

Glory be...

Let us pray: O God, You reveal Your mighty power most of all by Your forgiveness and compassion; fill us constantly with Your grace as we hasten to share the joys You have promised us in heaven. We make our prayer through Christ our Lord. Amen.

PRAYER FOR THE BEATIFICATION OF CARLO TANCREDI FALLETTI AND GIULIA COLBERT DI BAROLO

Most Holy Trinity, Father, Son and Holy Spirit. We thank You for the luminous life and the witness of Your faithful servants, the married couple Carlo and Giulia, who experienced and manifested Your

unconditional love, for every human person, above all for the little ones, and the destitute.

Through their intercession, grant us to serve the poor of our times and obtain the grace, which we ask of You, with confidence..... so that Your glory may be manifested in them. Through Christ our Lord. Amen!



PRAYER FOR THE CANONIZATION OF BLESSED MOTHER ENRICHETTA

O God, Good and Provident Father, You have given us Blessed Mother Enrichetta as a faithful witness of your loving presence. From her we learn to trust totally in You and to give witness,

through our life, to Your love for those near and far.

Through her intercession, give us the light and the strength to accomplish Your will in everything and always and grant us the grace that we implore with filial confidence..... through Christ our Lord. Amen.



NIGHT PRAYER

In the name of the Father...

L : It is good to give thanks to the Lord.

All : To sing praise to Your name Most High.

L : To proclaim Your goodness at dawn.

All : Your faithfulness throughout the night.

L : How can we give thanks to the Lord for all that He had done for us?

All : O Lord, You are our God, we have no other God but You.

L : Let us give glory to Your Holy Name.

All : Our hearts rejoice and our souls exult.

Reading : Daily Mass Readings

Pause for the Examination of Conscience

L : My offenses truly I know them O Lord.
All : My sin is always before me; against You,
You alone have I sinned; what is evil in Your
sight I have done.

Intercessory Prayer

L : We thank You O Father, for calling us to be
Your children.
All : Grant us the gift of fidelity and perseve-
rance.
L : Remember Your family.
All : May peace and joy remain always with us.
L : You who have raised Your Son Jesus Christ
from the dead.
All : Reward our departed with resurrection and
life everlasting.
L : Now let us turn to the Father in the words
Jesus taught us. Our Father...
L : You have preserved us from all evil today.
All : Watch over us in the night.

Psalms 91: Assurance of God's protection

1 You who live in the shelter of the Most High,
who abide in the shadow of the Almighty,
2 will say to the Lord, "My refuge and my
fortress;
my God, in whom I trust."

- 3 For He will deliver you from the snare of the
hunter and from the deadly pestilence;
- 4 He will cover you with His pinions,
and under His wings you will find refuge;
His faithfulness is a shield and defense.
- 5 You will not fear the terror of the night
or the arrow that flies by day
6 or the pestilence that stalks in darkness
or the destruction that wastes at noonday.
- 7 A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.
- 8 You will only look with your eyes
and see the punishment of the wicked.
- 9 Because you have made the Lord your refuge,
the Most High your dwelling place,
10 no evil shall befall you,
no scourge come near your tent.
- 11 For He will command His angels concerning
you to guard you in all your ways.
- 12 On their hands they will bear you up,
so that you will not dash your foot against a
stone.
- 13 You will tread on the lion and the adder;
the young lion and the serpent you will
trample underfoot.

- 14 Those who love me, I will deliver;
I will protect those who know my name.
- 15 When they call to me, I will answer them;
I will be with them in trouble;
I will rescue them and honour them.
- 16 With long life I will satisfy them
and show them my salvation.

HYMNS

1. Carlo and Giulia, so rich in wealth and beauty,
Accepted in faith their human infertility and
Turning to God, His Holy Will discerning,
Gave birth instead to a joyous, great religious family.

Chorus:

United, they lived for their neighbor with love
According to the Will of God above;
United, we'll live for our neighbor with love
According to the Will of God above.

2. Moved by the Word of God our good Creator
Seeing His image distorted in the neighbour, they with
One heart and soul used all their wealth and riches
Humbly to raise and save the hapless children
of the Lord.
3. Children of the poor, neglected, and in danger,
Found health and home in the palace of Barolo and a
Sound education by dedicated Sisters

Placed in the care of Providence and glorious
good St. Ann

4. In 1835, when chol'ra struck the city,
Safe though they were in their villa in
Moncalieri, they
Hastened to serve, unmindful of all danger,
Trusting in God and pleading for our Heav'nly
Mother's aid.
5. Now they are in Heaven, we claim their
intercession,
Striving to live according to their Charism, while
Seeking new light in the whisp'rings of the Spirit,
Launching beyond, to newer frontiers offered
by the Lord.

In Spe - In Hope

Chorus: All as one, in Hope, do we live.
Alleluia! We sing to God's love.
On we go with Hope to sustain us:
Alleluia! In love do we live.

1. The Father so loved His children on earth
That His own Son of a Virgin took birth.
Provident God, lifting us gently,
Merciful Love, tender Compassion, giving us life.

2. Son of God, yet Servant of man!
Each one is precious in His eyes.
He stoops to heal the weak and the wounded;
shedding His blood He won for us all, newness of life.
3. Spirit Divine, Giver of life,
You who console and unite us in "one"
Set us aflame with zeal for the Kingdom,
So shall we lead people to You, with merciful love.
4. "Do not despise the poor and the least;
Welcoming them, you welcome Me!"
You do we seek, Lord, You we receive;
We see Your Image, sadly distorted, gleaming
within them

LASA LOGO

The Human figures embracing the globe

depict the LASA members as bringing the message of God to the little ones and the poor, becoming instruments of Providence, witnesses of His mercy, and signs of hope. This



also shows the unity of LASA members throughout the world.

The Heart symbolizes true and chaste married life, the love that should exist in the family.

The House symbolizes confidence, unity, and security that characterizes family life.

The Anchor symbolizes hope, the theological virtue that expresses firmness, consistency, and fidelity which prevents spiritual decadence.

The Cross on the Anchor indicates that Christ is at the center of family life. Through prayer, they unite their will to God's Will.

In Spe is the motto of our Founders. In hope, Carlo and Giulia walked the path of holiness.

LASA is a part of the religious family of the Congregation (SSA) with whom they share the Spirituality, Charism, and Mission inherited from their Founders.

The **August 18**, the day that Carlo and Giulia got married, is celebrated as **LASA Day**.