

PAULINE HOME COUNSELLING CENTRE, KARNAD, MULKI

“The Spirit of the Lord is upon Me, because he has anointed Me to preach the gospel to the poor; He has sent me to heal the broken hearted, to proclaim deliverance to the captives, and recovery of sight to the blind, to set at liberty those that are oppressed.” Lk4:18

The number of individuals experiencing emotional and spiritual struggles in our society and within our churches is steadily increasing. Many are confronted with deep existential challenges such as secularization, a loss of purpose in life, weakened interpersonal relationships, and a growing sense of disconnection. In addition,



there are spiritual and moral crises, social isolation, rising individualism, depression, substance addiction, neglect, and even suicidal thoughts. These are not merely issues, but real people carrying heavy burdens, searching for understanding, hope, and healing. One meaningful and effective response to this growing need is the establishment of a dedicated counselling and spiritual guidance ministry.

We, the Sisters of St. Ann at Pauline Home Counselling Centre, are committed to listening, praying, and accompanying our brothers and sisters on their journey toward healing and well-being. We strive to offer compassionate care while creating a safe, supportive, and nurturing environment that promotes healing and growth.

Dr Sr. Severine Menezes and Sr. Shanthi Agatha D'Mello have been instrumental in guiding and strengthening this counselling and spiritual guidance ministry.